# **Additional** Information

U.S. Environmental Protection Agency http://www.epa.gov/pesticides/

California Department of Pesticide Regulation http://cdpr.ca.gov/

National Pesticide Information Center 1.800.858.7378 http://npic.orst.edu/index.html

> National Poison Center 1.800.222.1222 http://poison.org/

U.S. Food And Drug Administration http://www.fda.gov/Food/FoodSafety/Fo odContaminantsAdulteration/Pesticides/ default.htm

> **Integrated Pest Management** (Pesticide alternatives) http://ipm.ucdavis.edu/

## **Any Questions or** Concerns?

**Contact the Tribal Environmental Office at** 



P.O Box 487 San Jacinto, Ca 92581

23906 Soboba Road San Jacinto, Ca 92583

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# **Pesticides**



Tips for Using **Pesticides Properly** 

Soboba Tribal **Environmental Department** 951.654.5544 ext. 4129/4130

#### **Pesticide Use**

- Pesticides are chemicals used to eliminate pests such as insects, rodents, fungi, molds, weeds, and other undesirable organisms.
- Common household pesticides include tick and flea powder, bug spray, insect repellant, weed killer, household disinfectant, moth balls, and rat poison.
- Although they have important uses, pesticides can be harmful to humans and the environment if used improperly.



### **Health Effects**



- Pesticides can be harmful if you swallow them, breathe them in, or get it on your skin or in your eyes.
- Children and infants are more vulnerable to pesticide exposure due to their lower body weight, placing objects in their mouth, and playing on floors.
- Symptoms of exposure can include headache, blurred vision, coughing, skin and eye irritation, vomiting, confusion, and loss of coordination.
- Long term exposure can cause harm to the nervous and endocrine systems, liver failure, and has also been linked to forms of cancer.
- In the case of an emergency exposure with severe lifethreatening effects, call 911.
- For other exposures, contact the poison control center.

# Precautions To Take

- Look for alternative non-chemical pest control methods.
- If you must use pesticides, read labels carefully and follow all directions, including proper disposal.
- Wear proper protective clothing such as impermeable gloves, long-sleeved shirts, and pants. Change clothes and wash hands after you are finished.
- Do not use pesticides on rainy or windy days to prevent runoff.
- Keep pesticides out of the reach of children.
- Wash and scrub all fresh fruits and vegetables. Peel produce when possible. Trim the fat and skin from meat because some pesticides collect in fat tissue.